

PATIENT SELF HISTORY

Patient Name: _____ Date of birth: _____

Reason for your visit today _____

Have you ever been in the hospital or had surgery? If yes, for what and when?

Please check all past or present medical problems and/or symptoms:

Anemia		Heart Disease		Any other Bleeding	
Arthritis		Chest Pain		Easy Bruisability	
Asthma		High blood Pressure		Abnormal Vaginal Discharge	
Cancer		Kidney Disease		Abnormal Penile Discharge	
Diabetes		Prostate Disease		Psychiatric Problems	
Fibroids		Urinary Incontinence		Seizures	
Gout		Difficulty Urinating		Stroke	
Alcoholism		Liver Disease		Thyroid Disease	
Glaucoma		Lung Disease		# of Pregnancies	
Hearing Loss		Shortness of breath		HIV	
Visual Loss		Ulcers		Sexually transmitted Disease	
Heart Attack		Gastrointestinal Bleeding		Drug Substance Abuse	

Please list medications you are currently taking (please use additional sheet if needed):

Please list all allergies and the reaction:

FAMILY MEDICAL HISTORY:

Relation	Age	Disease	Disease if deceased, Cause and age of death

SOCIAL HISTORY:

Do you smoke? If yes, how much and how often?

Do you drink alcohol? If yes, how much and how often?

Do you use illicit drugs? If yes, what kind and how often?

Is there any exposure to dust, fumes, smoke, or noise?

Are you watching you diet or following any strict dietary guidelines?

Do you exercise regularly?

Do you take any non-prescription medications, health foods, or vitamins?

Health Screening/Immunizations	Date & Results
Pap smear	
Mammogram	
Chest X-ray	
Physical Examination	
Digital Rectal Examination	
Prostate Examination/PSA	
Stool Hemoccults	
Flexible Sigmoidoscopy	
Colonoscopy	
Cholesterol	
Blood Sugar	
PPD	
Influenza Vaccine	
Tetanus/TDAP	
Hepatitis B Vaccine	
Chicken Pox or Vaccine	

Patient Signature_____Date_____